

## Functional Analysis Form

This form is completed by interviewing the person with the disability and significant others in the person's life, including staff, family, and friends. The team may also choose to have each member complete the form then compile the information. After gathering this information the positive behavioral supports planning process can begin.

Name \_\_\_\_\_ Age \_\_\_\_\_

Interviewer \_\_\_\_\_ Date of Interview \_\_\_\_\_

Contacts \_\_\_\_\_

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## BACKGROUND INFORMATION

### Medical and Psychological

- A. What medication is the person taking? What is the medications' affect on behavior?  
What are the potential side effects? Are there any side effects observed?

Has the person had a medication "holiday"? If so, what were the results?

- B. Are there any known medical conditions that may affect behavior?

- C. Has the individual ever been diagnosed with a psychiatric disability? If so, what and how is it manifested?

- D. Describe sleep cycles and affect on behavior.

E. Describe eating patterns and affect on behavior.

F. Other medical or psychological issues:

### **Environmental/Quality of Life**

A. Has the individual experienced any stressful events (including relationship issues) recently or in the past? Describe:

B. Has the individual experienced significant change (including staff turnover, job changes, changes in relationships, etc.) recently? Describe:

C. Explain the person's typical daily schedule.

D. How satisfied is the person with the current schedule, current employment and current housing situations?

- E. Describe the choices the person makes throughout the day.
  
- F. Describe the variety of activities (including groups, programs or organizations the person belongs to) the individual participates in on a regular basis.
  
- G. Are there activities that appear to cause the person frustration due to boredom, difficulty of the activity, etc.
  
- H. Describe the relationships (including friends and family) the individual enjoys. How often does the individual communicate with these individuals?
  
- I. How satisfied is the person with his or her current relationships including roommates?
  
- J. How many other people are in typical settings with the individual? Does the number of people or the amount of interaction affect behavior?
  
- K. Are there certain staff the individual relates best to? Are there staff the individual does not seem to relate to?

L. How satisfied is the person with current staff?

M. Describe the person's sense of personal security and feelings of self-respect.

## **DESCRIBE THE BEHAVIOR(S)**

A. What are the behaviors and how often do they occur?

	Behavior	Frequency
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____

B. Which of the behaviors occur together?

C. Which of the behaviors is a priority ie. Causes harm to self and/or others, places the individual to be at risk for a more restrictive living or work situation?

D. Describe previous behavior “programs” the individual has been on in the past and the affect. Describe any attempts to eliminate or change a behavior.

E. Describe previous reward strategies utilized.

F. Describe previous treatment and hospitalizations.

G. Describe previous incarcerations and criminal charges.

## **EVENTS AND SITUATIONS THAT PREDICT OCCURRENCES OF THE BEHAVIORS**

1. Time of day

When are the behaviors most likely to occur?

Least likely?

2. Setting

Where are the behaviors most likely to occur?

Least likely?

3. Social Control

With whom are the behaviors most likely?

Least likely?

4. Activity

What activity is most likely to produce the behavior?

Least likely?

5. What would be the one thing that would be most likely to make the undesirable behaviors occur?

**FUNCTIONS OF BEHAVIOR**

- A. Think of each behavior and define the function you believe the behavior serves from the following: form of communication, self-regulation (adjust the environment), control (have control or influence), escape, social, self-entertainment/play.

Behavior	Function
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

## COMMUNICATION

1. What are the communication strategies used by or available to the person?
2. How consistently does the person use the strategies?
3. How does the person communicate the need for:

Attention

Help

Preferred food/activities/objects

A break

Relief from pain (headache, sickness)

Relief from anxiety or confusion

A change

4. Does the person follow verbal instructions?

## FUNCTIONAL ALTERNATIVE BEHAVIORS

A. For each behavior listed, list an alternative behavior to achieve the same function

Behavior	Alternative Behavior
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____

B. What teaching strategies would be most effective in teaching alternative behaviors to the individual?